

VEGAN MENU



Rascal Ranch Childrens Soft Play

CHILDRENS

Kids Veggie Fingers – £6

Served with straight cut fries and a choice of beans or peas.

Allergens: Gluten (wheat), soy

Hummus with Carrot & Cucumber Dippers – £4.95

Creamy hummus served with fresh crunchy veggie sticks.

Allergens: Sesame

Macaroni Pasta with Tomato Sauce & Vegan Cheese – £5.80

Classic macaroni coated in rich tomato sauce, topped with vegan cheese.

Allergens: Gluten (wheat), soy

GROWN UP BITES

Vegan Burger – £9

Plant-based burger in a soft bun with salad & burger sauce served with slaw and fries.

Allergens: Gluten (wheat), soy

Hearty Salad Bowl – £8

Fresh mixed salad with seasonal vegetables and optional dressing.

Allergens: None (may contain mustard if dressing is used)

Cheese & Tomato Panini – £8

Toasted panini filled with melted cheese and tomato served with salted crisps & salad.

Allergens: Gluten (wheat), milk

Cheese & Onion Panini – £8

Toasted panini with melted cheese and sweet onion served with salted crisps & salad.

Allergens: Gluten (wheat), milk

Cheese Panini – £7.50

Classic toasted panini with melted cheese served with salted crisps & salad..

Allergens: Gluten (wheat), milk

All toasties & paninis come with cheese and are served with salted crisps and a house salad.

Avocado on Sourdough (No Eggs) – £7.50

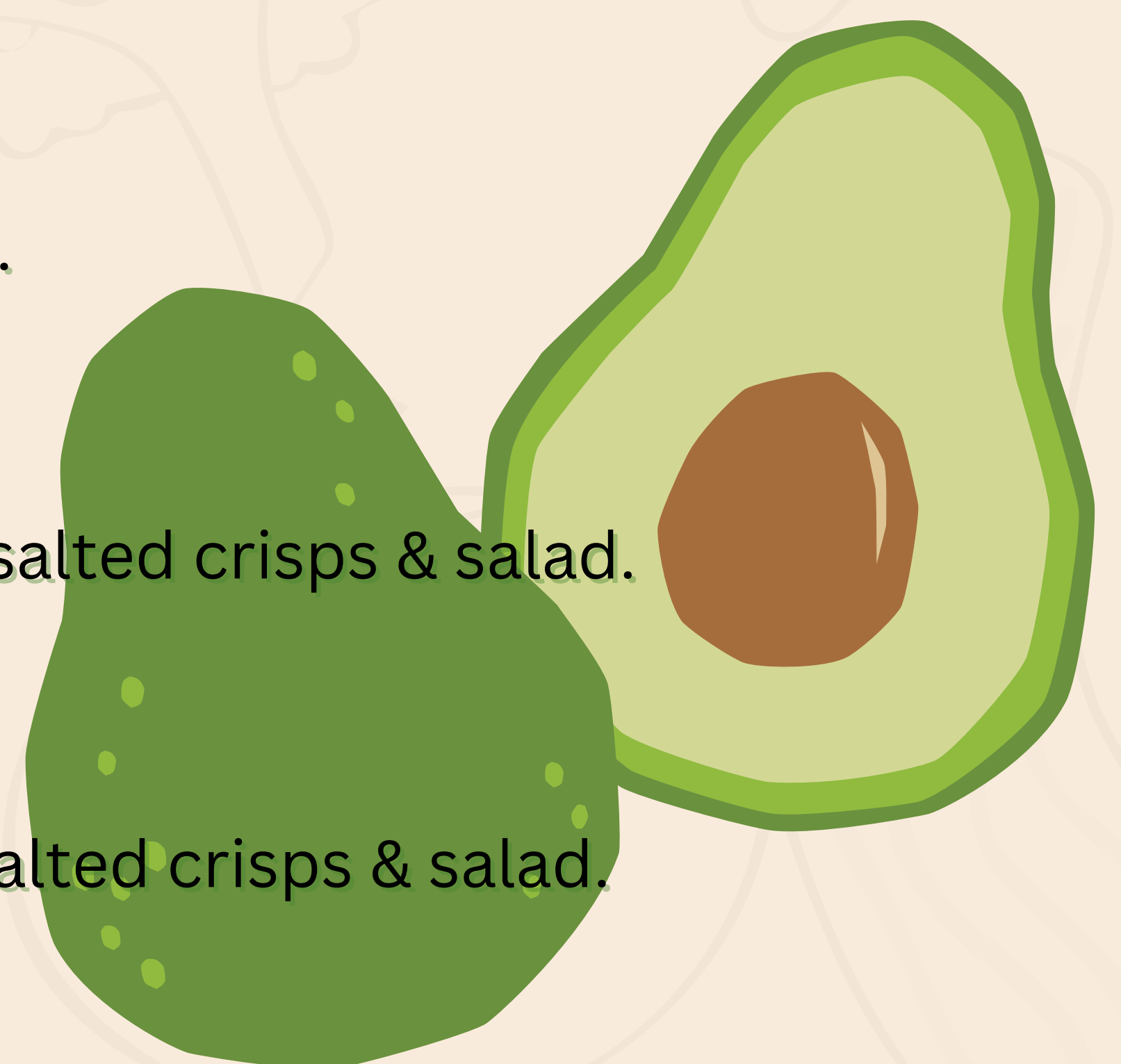
Creamy smashed avocado served on toasted sourdough.

Allergens: Gluten (wheat)

Vegan Pizza – £9.95

Stone-baked pizza topped with rich tomato sauce and vegan cheese.

Allergens: Gluten (wheat), soy



GLUTEN FREE



Rascal Ranch Childrens Soft Play

CHILDRENS

Chicken Bites (No breadcrumbs) - £6

Chicken breast bites with fries and a choice of beans or peas

Gluten-Free Fish Fingers £6

Gluten free cod bites with fries and a choice of beans or peas.

Allergens: Fish, egg

Hummus with Carrot & Cucumber Dippers £4.95

A perfect picky dish with carrot and cucumber sticks along with a tasty hummus dip.

Allergens: Sesame

GROWN UP BITES

Gluten-Free Pizza - £10.50

Pizza topped with rich tomato sauce and melted cheese on a gluten-free base.

Allergens: Milk (if cheese used)

Jacket Potato - £9

Choose from two of the following toppings:

(Beans / Cheese / Tuna mayo / Coleslaw)

Served with House Salad

- Beans: None , GF Cheese: Milk, Tuna: Fish, milk., Coleslaw: Milk, egg, mustard

Hearty Salad Bowl - £8

Fresh quinoa salad with pomegranate, chickpeas, tomato, cucumber, and mixed vegetables, tossed in a light dressing.

Allergens: None (may contain mustard if dressing is used)

Caesar Salad (No Croutons) - £7.50

A classic green salad of crisp lettuce, topped with anchovies, & parmesan shavings

Allergens: Milk, fish, egg



Market Harborough



Please inform a member of staff of any allergies or dietary requirements before ordering.